



# September 2015 Myles Standish State Forest

Park Phone Number: 508-866-2526

Park Website: <http://www.mass.gov/eea/agencies/dcr/massparks/region-south/myles-standish-state-forest.html>

All programs are free and open to the public unless otherwise noted. All children must be accompanied by an adult. Reasonable accommodations are available upon request.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 <b>A Stroll Through the Pines</b> 9:00am – 10:00am  <b>CCC Bike Tour</b> 10:30am -12:30pm	3 <b>Off the Beaten Path</b> 9:00am – 11:30am	4 <b>Cutterfield Bird Watching</b> 9:00am – 10:30am  <b>Frost Pocket Frolic</b> 1:00pm – 2:30pm	5 <b>Explore Nature: Animal Detectives</b> 3:00pm-4:00pm  <b>Night Hike</b> 7:30pm-8:45pm
6 <b>Cannonballs and Cranberries</b> 10:00am-11:00am  <b>Creature Feature</b> 1:00pm – 2:30pm	7	8	9 <b>A Stroll Through the Pines</b> 9:00am – 10:00am  <b>CCC Bike Tour</b> 10:30am -12:30pm	10 <b>Off the Beaten Path</b> 9:00am – 11:30am	11 <b>Pond Shore Foray</b> 9:00am – 10:30am  <b>Frost Pocket Frolic</b> 1:00pm – 2:30pm	12 <b>Explore Nature: Who's That Singing</b> 10:00am to 11:00am  <b>Explore Nature: Damsels and Dragonflies</b> 2:00pm to 3:00pm
13 <b>Cannonballs and Cranberries</b> 10:00am-11:00am  <b>Creature Feature</b> 1:00pm – 2:30pm	14	15	16 <b>A Stroll Through the Pines</b> 9:00am – 10:00am  <b>CCC Bike Tour</b> 10:30am -12:30pm	17 <b>Off the Beaten Path</b> 9:00am – 11:30am	18 <b>Cutterfield Bird Watching</b> 9:00am – 10:30am  <b>Cannonballs and Cranberries</b> 2:00pm to 3:00pm	19
21	22	23	24	25	26	27
28	29	30				

## Program Descriptions

<b>Frost Pocket Frolic</b>	<p>Myles Standish State Forest is home to one of the Earth's largest remaining pine barrens. This large forest consists of pitch pine and scrub oak woodlands and plentiful ponds that are home to many species. Join us on this 3.5-mile hike through a series of frost pockets in the pine barrens. Bring water, bug spray, sun screen and wear good hiking shoes. Meet at Parking Lot 2 on Upper College Pond Road. For a trail map, including parking lots, visit <a href="http://www.mass.gov/eea/docs/dcr/parks/trails/mssf3.pdf">http://www.mass.gov/eea/docs/dcr/parks/trails/mssf3.pdf</a>. Rain cancels.</p>
<b>Off the Beaten Path Hiking Series</b>	<p>Join the Park Interpreter on a recreational hike each week into a different part of Myles Standish State Forest. Each hike travels along different trails and is about 4 to 5 miles in length. Join us for one hike or come for the whole series! Please wear bug spray, sunscreen, and supportive shoes. Bring along water and a snack. For adults and older children who can hike 4 to 5 miles of moderately difficult trails. All children must be accompanied by an adult. We'll meet in a different location each week; call (508) 866-2580 x164 for meeting location. For a trail map, including parking lots, visit <a href="http://www.mass.gov/eea/docs/dcr/parks/trails/mssf3.pdf">http://www.mass.gov/eea/docs/dcr/parks/trails/mssf3.pdf</a>. Rain or shine; downpours and/or thunderstorms cancel.</p>
<b>Cranberries &amp; Cannonballs: Rocky Pond Cranberry Bog Tour</b>	<p>Join us for a hike around the Rocky Pond Cranberry Bog. We will discuss and explore the history of the bog, including cranberry agriculture and the natural history of the park. You'll learn about Federal Furnace, glaciation, and the area's wildlife. Meet at the Rock Pond Cranberry Bog Parking Lot on Bare Hill Road near Rocky Pond. For a map visit <a href="http://www.mass.gov/eea/docs/dcr/parks/trails/mssf3.pdf">http://www.mass.gov/eea/docs/dcr/parks/trails/mssf3.pdf</a>. Rain cancels.</p>
<b>Night Hike</b>	<p>What happens in the forest as night approaches? Join in on a guided walk through the night woods to discover how nocturnal birds and animals use their senses to survive at night. This is a moonlight thrill for all ages. No flashlights allowed on this walk and bring your insect repellent. Meet at the Interpretive Center next to Headquarters. Rain cancels.</p>
<b>CCC Bike Tour</b>	<p>Meet at the Interpretive Center for a leisurely and informative bike ride. We will follow the bike trails within the forest and learn about the history of MSSF and the work the Civilian Conservation Corps did here. We'll also learn about the natural history and stop at some spots with good photo opportunities. Program is for adults and children 10+; younger children in carriers with a helmet are welcome. All participants must have their own bike and wear a bike helmet (no exceptions!), and bring water. Meet at Interpretive Center. All children must be accompanied by an adult. Cancelled in the event of rain.</p>
<b>Explore Nature Series</b>	<p>This program will be offered most Saturday afternoons. We'll explore the natural world of Myles Standish State Forest with guided walks, games and activities. For children and curious adults; all children must be accompanied by an adult. Meet in front of the Interpretive Center. Rain cancels. Here are the programs for September:</p> <ul style="list-style-type: none"> <li>September 5<sup>th</sup> – <b>Animal Detectives:</b> Animal tracks tell the story of the forest. Come learn how to identify the</li> </ul>

	<p>animals that share this forest by learning their tracks and how to read them. Fun and informative for kids and adults.</p> <ul style="list-style-type: none"> <li>• September 12<sup>th</sup> – <b>Who's That Singing:</b> Learn about the birds that inhabit our beautiful forest and learn to identify many of the most common songbirds found in Myles Standish State Forest. We'll search the fields and forests around the East Head Reservoir for these lovely creatures and how to identify them by sight and by song. Binoculars will be provided</li> <li>• September 12<sup>th</sup> - <b>Dragons &amp; Damsels:</b> Learn about the beautiful dragonflies and damselflies found in Myles Standish State Forest. We'll search around the pond for these dazzling creatures and learn about the life cycle of these beautiful flyers by catching them in sweep nets and examining them up close with a hand lens.</li> </ul>
<b>Creature Feature</b>	Come learn about some of the creatures that live here at Myles Standish State Forest. Each week, the Park Interpreter will set up a display of pelts, bones, skulls, other artifacts, and perhaps a live animal or two! Program will take place at the College Pond Day Use Area. There is a \$8.00 per car parking fee. Rain cancels.
<b>Cutterfield Bird Watching</b>	An informal bird watching program in one of MSSF premier bird watching locations. Meets at Fearing Pond Day Use Area with a short walk over to Cutterfield Road to explore the birds of forest and field. One hour and a half of bird watching and call identifying. This is for beginner birders; please bring binoculars if you have them – or borrow a pair of ours. Rain cancels. Note: the Day Use Area parking lot will be open for this program only, all cars must leave the lot by end the of the program so we can lock the gates. For a trail map, including parking lots, visit <a href="http://www.mass.gov/eea/docs/dcr/parks/trails/mssf3.pdf">http://www.mass.gov/eea/docs/dcr/parks/trails/mssf3.pdf</a> .
<b>A Stroll Through the Pines</b>	It's never too late to get out and enjoy nature! This is a level, gently paced walk in the woods no longer than a half hour long (15 min out, 15 min back). It is designed for ambulatory people looking to get more active and enjoy the beauty of the forest. Perfect for seniors, people recovering from an injury or just people looking to get more exercise. A friendly and knowledgeable park interpreter will lead the walk and will speak about the plants, animals and history of this magnificent forest. Meets at the Interpretive Center in Parking Lot One.
<b>Pond Shore Foray</b>	Come explore the secret world of the Coastal Plains Pond Community and the rich and varied life they support. This highly adapted yet highly delicate ecosystem is among one of New England's most beautiful and threatened wildlife communities. Discover how amazing species of plants and animals adapted to this unique environment and how we as citizens can do more to preserve and protect these ecological gems! Adults and Children over 10 welcome. Meets at Fearing Pond Day Use Area. Note: the Day Use Area parking lot will be open for this program only, all cars must leave the lot by end the of the program so we can lock the gates. For a trail map, including parking lots, visit <a href="http://www.mass.gov/eea/docs/dcr/parks/trails/mssf3.pdf">http://www.mass.gov/eea/docs/dcr/parks/trails/mssf3.pdf</a> . Rain cancels.